- sealing the outer packaging such that the sealed inner packaging and the additional items are contained in a sealed portion of the outer packaging; and
- sterilizing the contents of the outer package using EtO sterilization.
- 7. The method of claim 6, wherein the inner packaging is impermeable to the EtO gas.
- 8. The method of claim 7, wherein the inner packaging is foil packaging.
- 9. The method of claim 6, wherein the outer packaging is multivac blister packaging.
- 10. The method of claim 6, wherein the at least one other item includes labels configured to be written on with the writing instrument.
- 11. The method of claim 10, wherein the at least one other item also includes at least one item configured to be used with a medical procedure.
- 12. The method of claim 6, wherein labels configured to be written on with the writing instrument are included in at least one of the inner packaging and the outer packaging.
- 13. The method of claim 1, further comprising the step of printing on the packaging simultaneous to sealing the packaging.
- 14. The method of claim 6, further comprising the step of printing on the outer packaging simultaneous to sealing the outer packaging.

15. A kit comprising:

packaging;

a writing instrument; and

labels configured to be written on by a user with the writing instrument, wherein at least the writing instrument is sealed in the packaging, and wherein at least the packaging and the writing instrument are sterilized using gamma sterilization.

16. The kit of claim 15, wherein the packaging is inner packaging, and further comprising:

outer packaging; and

- at least one other item, wherein the writing instrument sealed in the inner packaging, the labels, and the at least one other item are sealed in the outer packaging, and wherein the outer packaging and the contents of the outer packaging are sterilized using EtO sterilization.
- 17. The kit of claim 15, wherein the writing instrument is a permanent ink pen.
- 18. The kit of claim 15, wherein the packaging is one of a multivac blister packaging and a foil packaging.
- 19. The kit of claim 15, wherein the labels are sealed in the packaging.
- 20. The kit of claim 16, wherein the inner packaging is impermeable to air such that the EtO gas does not penetrate the inner packaging.
- 21. The kit of claim 16, wherein the at least one other item is an item configured to be used in medical treatment.

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